

2004 NCAA OUTDOOR NATIONAL CHAMPIONS



UCLA Women's Track & Field
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For Immediate Release

Bruins Take Two Week Break From Competition

Team prepares for Rafer Johnson/Jackie Joyner-Kersey Invitational with lay-off

Bruins Take Two Week Break From Competition

The UCLA women's track and field team will take a two week break from competition as they prepare to host the 3rd annual Rafer Johnson/Jackie Joyner-Kersey Invitational April 7-9 at Drake Stadium. The majority of the women's team was off last weekend, but those that did compete (distance runners and throwers) represented the Bruin team well as they had strong performances at the Stanford Invitational and Jim Click Shootout. Senior Jessica Cosby led UCLA in Tucson, AZ out-throwing the competition by over 30 feet to win the hammer throw with a season-best toss of 217-5.

Trackwire Indoor Rankings

1/11	5th (tied)	37 points
1/18	5th (tied)	31 points
1/25	7th (tied)	30 points
2/1	9th (tied)	23 points
2/8	12th (tied)	16 points
2/15	11th (tied)	21 points
2/22	11th (tied)	21 points
3/1	17th (tied)	12 points
3/8	18th (tied)	12 points

The Trackwire 25 projects a hypothetical score for the NCAA meet, factoring in injury reports and other variables supported by information gathered from coaches and NCAA-qualifying competitions across the country. This projection is generated by scoring the Dandy Dozen, a power ranking of the top 12 athletes and relay squads in each NCAA event.

National Letter of Intent Signees

Announced November 17, 2004

UCLA Head Coach Jeanette Bolden announced the signing of six student-athletes to National-Letters-of-Intent. Chanelle Curry, a sprinter from Skyline HS in Dallas, TX; Kristen Dormanen, a pole vaulter from Temecula Valley HS in Temecula; Krystin Lacy, a sprinter from Skyline HS in Dallas, TX; Nicole Leach, a sprinter/hurdler from West Philadelphia Catholic HS in Philadelphia, PA; Ciara Viehweg, a distance runner from St. Ignatius HS in San Francisco and Hillary Werth, a heptathlete from Glenwood HS in Springfield, IL will all be incoming freshmen for the Bruins this fall.

Chanelle Curry - At the 2004 TX State meet, Curry was one of the top scorers for Skyline HS at the 2004 TX State meet. She placed third in the 400m (55.64) and also ran a leg on the Skyline HS winning 4 X 100m relay.

The Skyline HS season-best time of 44.60 in the 4 X 100m relay was No. 2 in the U. S. on the August Track & Field News (T&FN) prep chart.

Kristen Dormanen - Considered the No. 1 returning high school women's pole vaulter in the State, Dormanen placed fourth at last year's CA State meet. An honor student, last spring Dormanen set the all-time Riverside County record with a vault of 12-7 (the No. 10 mark in the U. S. on the July T&FN prep chart).

Krystin Lacy - A teammate of Chanelle Curry at Skyline HS in Dallas, TX, Lacy is regarded as one of the top high school sprinters in the nation. As a junior last spring at the TX State meet, Lacy won the 100m/200m and as a sophomore, she won the State 100m crown. On the 2004 junior charts, Lacy's 11.48 was No. 13 on the World Junior list. In 2003 her personal-best 11.43 was second at the World Youth Championships in Sherbrooke, Quebec, Canada and she also ran a season-best mark of 23.61. In the 200m, her personal-best 23.45 was No. 5 in the U. S. (July T&FN/the four faster were all seniors; No. 15 on the World Junior list) and the sixth-fastest mark in TX State history.

Nicole Leach - An outstanding student and regarded as the nation's top 400m/400m hurdle prospect, Leach's 52.19i 400m was the prep U. S. leader (August T&FN). Leach placed fourth (personal-best 57.56) in the 400m hurdles last summer at the World Junior Championships in Grosseto, Italy and she was the U. S. Junior champion (58.48). Her 57.56 400m hurdle mark was No. 7 on the World Junior list. In 2003, Leach's top 400m hurdle mark was 59.00 at the Penn Relays.

Ciara Viehweg - An honor roll student, Viehweg is rated one of the top three distance runners in the State. Her top 1600m mark is 4:54. In cross country, she is rated by Dyestat as the No. 2 runner in the State in her division. Viehweg won her league cross country title this fall. She has qualified for the State meet in both track and cross country every year since her freshman season. At the State Cross Country Championships in 2002 she placed second and at the 2003 CA State T & F meet, she was fifth in the 1600m. Viehweg is her school record holder in virtually every distance event.

Hillary Werth - At the USA Junior meet, her first national appearance, Werth placed second in the heptathlon with 5,127 points, No. 2 on the 2004 U. S. high school list (August T & FN). She also competed for the U. S. at the 2004 World Junior Championships. At the 2004 IL State meet, Werth won the 100m hurdles (she is second all-time in IL prep history at 13.78, behind current Bruin junior Dawn Harper's 13.54), was second in the long jump (18-8) and third in the 300m hurdles (43.82). An All-State basketball player (Werth



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will compete only in track & field at UCLA), she comes from an athletic family - her mother, Kim, originally held the national prep long jump record until it was broken by Bruin great Jackie Joyner-Kersey and her brother Jayson, was the starting left fielder for the Los Angeles Dodgers.

2005 Outdoor Meet Recaps

Stanford Invitational: March 26-27

Palo Alto, CA - At the Stanford Invitational, several distance runners were in action on Friday and Saturday in Palo Alto, CA. Freshman Olga Aulet-Leon placed 16th in the top section of the 1500m in a time of 4:29.79, junior Leslie Barrie placed 17th in the steeple in a lifetime-best of 11:16.06 and freshman Claire Rethmeier finished third in her heat of the 5000m in a lifetime-best time of 17:09.35.

Other results from the Stanford Invitational - freshman Alison Costello in the 5000m (17th in her heat, 16:32.69), senior Valerie Flores in the 10,000m (11th in her heat, 35:49.29), junior Sarah West in the 5000m (19th in her heat, 18:13.38), freshman Monika Rothenburger in the 1500m (28th in her heat, 4:46.46) and the 4x400m relay team of sophomore Jenna Timinsky, sophomore Talita Wells, Aulet-Leon and freshman Alice Bohannon (13th, 4:07.55).

Jim Click Shootout: March 26

Tucson, AZ - Senior Jessica Cosby blew away the competition on Saturday at the Jim Click Shootout in Tucson, AZ as she won the hammer throw with a season-best 217-5, surpassing her nearest competitor by over 30 feet. Cosby's throw was just two feet shy of her own school and Pac-10 record set last year at the NCAA Championships (219-5).

Senior Lara Saye, junior Briona Reynolds and sophomore Kamaiya Warren also competed in Tucson on Saturday. Saye placed second in both the shot put (50-6.25) and discus (168-6), while Warren finished fourth in the discus (160-5) and Reynolds placed sixth in the discus (151-3).

CS Northridge Invitational: March 18-19

Northridge, CA - Seniors Lara Saye and Jessica Cosby posted individual wins on Saturday at the Cal State Northridge Invitational, as Saye won the discus and Cosby won the shot put. Saye, who has thrown 185-0 already this season, improved on last year's lifetime-best (184-9) by nearly a foot on Saturday, throwing 185-7 in the discus. The mark will likely place her in the top-10 in the country in her event. Cosby won the shot put with a season-best 53-9.25, as both ladies threw regional qualifiers in their events. Saye also placed third in the shot put with a throw of 47-2.25, but has already thrown 50+ this season.

On the track, three Bruins were in action as Renee Williams (12.54) and Shannon Lewis (13.08) ran in the 100m race, and Jacquelyn Mandy ran the 400m (59.94). In other field events, Kathleen Mahony jumped 5-0.25 in the high jump, Leslie Rychel jumped 17-8.25 in the long jump and Brittany Ferguson, competing in the javelin, threw 110-1.

March 5: UCLA Invitational

Drake Stadium - The women's track and field team had 11 meet champions and picked up six NCAA Regional qualifying marks on Saturday at the UCLA Invitational, as senior Lara Saye led the women's track and field team, throwing three NCAA Regional qualifying marks in the shot put, discus and hammer throw. Saye won the discus with a throw of 183-0 and threw an outdoor lifetime-best of 50-11.50 in the shot put (placing second to former Bruin Seilala Sua (52-3.25)). Saye also placed second in the hammer with a toss of 181-2. Senior Jessica Cosby won the hammer with a throw of 203-4 and placed third in the shot with a toss of

50-8.25, qualifying her for both events at the Regional meet.

Senior Monique Henderson equaled her lifetime-best in the 100m, running 11.59 to qualify her for the Regional meet in May, while senior Dana Bethel also posted a win on Saturday as she jumped 19-4 to win the long jump.

Five Bruin freshmen posted individual wins at the meet: Alice Bohannon in the 800m (2:14.11), Alison Costello in the 3000m (9:38.45), DeShanta Harris in the 100m hurdles (14.15), Allison Miller in the high jump (5-7) and Ingrid Kantola in the pole vault (12-1.50).

The 4x100m relay team of Renee Williams, MacKenzie Hill, Harris and Henderson won in a time of 46.78, while the 4x400m relay team of Jenny Esser, Leslie Barrie, Jacquelyn Mandy and Talita Wells won in a time of 3:52.89.

2005 Indoor Meet Recaps

2005 NCAA Indoor Championships

Harper and Baucham Earn All-American Honors

Fayetteville, AR - Senior Candice Baucham earned the third All-American honor of her career as she placed third in the triple jump at the NCAA Indoor Championships in Fayetteville, AR with an indoor lifetime-best jump of 44-4. Baucham, who placed third at last year's NCAA Indoor with a then indoor lifetime-best of 44-2.75, duplicated her performance with this year's third place finish.

On Friday, fellow Bruin junior Dawn Harper also earned All-American honors with a third place finish in the 60m hurdles. Harper ran a lifetime-best 8.05 to earn her fourth All-American honor in her career.

February 25-26: MPSF Indoor Championships

Seattle, WA - The Bruin women placed fourth (66 pts.) at the 2005 MPSF Indoor Championships as junior Dawn Harper won the 60m hurdles in an NCAA automatic and lifetime-best time of 8.12.

Sophomore Kamaiya Warren won the shot put in a lifetime-best toss of 52-6 (provisional qualifier), while junior Briona Reynolds placed fourth (49-5.50).

In the high jump competition, freshman Allison Miller and senior Caroline Sommers placed fifth and sixth as both cleared 5-7.25.

In Friday's action, Nastassja Hall placed seventh in the pentathlon with a score of 3,689 points. Also on Saturday, freshmen Monika Rothenburger (17:02.92) and Olga Aulet-Leon (17:03.84) finished second and third respectively in the 5000m, while freshman Alison Costello placed fifth in the 3000m (9:35.36). The DMR team of Allison Hall, N. Hall, Ashley Caldwell, and Valerie Flores placed fifth in a season-best time of 11:53.89. Senior Lara Saye threw a lifetime-best 62-4.50 in the weight throw to place second overall and qualify provisionally for the NCAA Indoor meet.

The 2005 NCAA Outdoor pole vault champion and record holder, junior Chelsea Johnson, who was competing in her first meet of the 2005 indoor season after rehabbing a hamstring injury, placed sixth in the pole vault with a jump of 12-10.25.

February 12: Tyson Invitational

Fayetteville, AR - Senior Candice Baucham and junior Dawn Harper led the UCLA women's track and field team in Arkansas as both achieved NCAA automatic qualifying standards at the Tyson Invitational. Baucham won the triple jump in a season-best 43-10.50, while Harper finished second in the 60m hurdles with a season-best 8.15.

Senior Lara Saye and junior Jacqueline Nguyen also picked up qualifiers for the NCAA Indoor meet, with provisional marks in the weight throw (61-7.50, lifetime-best) and pole vault (13-4.50, indoor lifetime-best) respectively. Saye placed ninth in the weight and sixth in the shot, throwing a lifetime-best of 50-0.50 in the shot put, while Nguyen placed second in the pole vault.

Freshman Alison Costello placed fifth in the 3000m in a time of 9:27.61,

while junior Allison Hall placed 10th in the mile (5:01.80). Senior Valerie Flores placed 12th in a separate section of the mile in a season-best 5:04.39. Senior Caroline Sommers and freshman Allison Miller both jumped 5-7 in the high jump.

February 4-5: Boise Indoor

Boise, ID - The No. 9 UCLA women's track and field team had an impressive showing in Idaho Feb. 4-5 as the Bruins won four individual events and picked up three NCAA qualifying marks at the Boise Indoor.

Leading the way on the women's side was junior Dawn Harper who posted double victories in the 60m (7.72, lifetime-best) and 60m hurdles (8.37). Harper's 60m hurdle time was a NCAA provisional qualifier, but she has run a faster time this season (8.28, 1/29). Junior Jacqueline Nguyen won the pole vault with a provisional mark of 12-11.50. Senior Candice Baucham rounds out the NCAA qualifiers on the women's side, with a provisional mark of 42-1.50 in the triple jump to finish second in that event. Freshman Allison Miller recorded her first victory as a Bruin, winning the high jump with a leap of 5-7.75.

Several Bruins also placed in the top-three in Boise - senior Lara Saye in the weight throw (2nd, 59-5.50) and shot put (3rd, 48-0.75), senior Caroline Sommers in the high jump (2nd, 5-5.75), senior Valerie Flores in the mile (3rd, 5:09.53, lifetime-best) and the women's DMR of Alison Costello, Flores, Georgea Richards and Sarah West (2nd, 12:07.7h).

January 29: Husky Invitational

Seattle, WA - The No. 7 UCLA women's track and field team opened up the 2005 indoor season on Saturday at the Husky Invitational in Seattle, WA and picked up three NCAA qualifying marks. Junior Briona Reynolds led the Bruins with a first place finish in the shot put and an NCAA provisional mark of 50-9.50.

Junior Dawn Harper also qualified provisionally, finishing third in the 60m hurdles in a time of 8.28, while junior Jacqueline Nguyen jumped to a provisional mark of 12-11.75 in the pole vault, placing third overall.

Other top performances for UCLA on Saturday were - Lara Saye in the shot put (2nd, 49-8.25) and weight throw (2nd, 59-11.25), Dana Bethel in the long jump (3rd, 18-10.50), Caroline Sommers in the high jump (5-7.75), Allison Hall (3rd, 2:51.80) and Ashley Caldwell (5th, 2:54.10) in the 1000m and Nas-tassja Hall (3,700 points) and Georgea Richards (3,404 points) in the pentathlon.